



mirathon 2021

# SUMMER WORLD TOUR

炫夏遊世界

the mira

HONG KONG



**LIFE IS EITHER A  
DARING ADVENTURE  
OR NOTHING AT ALL.**

**HELEN KELLER**



## Check in – Take Off To The Summer World Tour StayCay Your Way & More

Join us on a **Summer World Tour** as The Mira Hong Kong - an award-winning lifestyle urban retreat takes you on a journey through **19 countries** around the world with **34 thematic experiences** featuring **180 workshops!**

Unveiling its brand new game floor - the **Mira Wanderland**, soak in everything that's exhilarating & in between. From a **Daily Wellness Ritual** that allows you to rise and shine during your stay, to an array of **culinary workshops** featuring the tastes of the world to a myriad of electrifying experiences revolving around **Art, Adventure & Action** are designed to delight you and your loved ones to share the ultimate fun this summer!

### 投入型格住宿 - 踏上炫遊世界之旅 自選主題體驗

設計酒店The Mira Hong Kong今夏將隆重推出Summer World Tour炫遊世界住宿體驗，讓酒店住客於7月16日至8月29日期間，炫遊19個國家、專享34款主題體驗、180個工作坊。酒店更以環球樂園Mira Wanderland為主題，將17樓打造成嶄新玩樂國度，以全新住宿概念，讓您與摯愛肆意盡享非凡體驗！從「早晨！起動」盈動身心活動讓住客每天以朝氣活力展開非凡旅程、由酒店烹飪團隊匠心打造的國際味力工作坊、到一系列為您輪流上演的尋樂、尋藝與尋玩互動體驗，讓您隨時隨心，點選專屬體驗！





## mira wanderland

Unlock a world of eclectic activities and actions at the brand new **Mira Wanderland**. Dive into a one of its kind original secret museum themed **Escape Room**, immerse in the world of **F1 racing car simulation** with laser scanned precision and full motion technology. Take a break from the actions and strike a pose at the **Dino Jungle** handcrafted for the adventurous souls or surrender to the **Sweet Spot** where you and BFFs can get social with a shot that will turn your vacation into moments of perfection! For a **secluded movie experience** – why not indulge in your **DEVIALET private theatre** with LIMOSS recliners. Designed to delight the little ones – visit our **indoor playgrounds** or roam around the activity floor from NINTENDO switch sports games, Table Tennis fun, Basketball Challenge to Giant Tetris, Air Hockey to Dance-off fun and more.

## MIRA WANDERLAND 環球樂園

步進**Mira Wanderland環球樂園**，投入嶄新推出**神秘博物館主題密室逃脫**、或**跳進虛擬賽道**，感受**一級方程式賽車**的極速快感、享受無可比擬的**升級DEVIALET揚聲器與LIMOSS Recliner Series雅座**打造而成的**奢華影院體驗**、**在全新推出的恐龍主題或滿載少女心的Sweet Spot型格照相室**拍下動人一刻，讓型格之旅在社交媒體網站無限伸延！

與小寵兒投入**室內兒童遊樂場**，從**乒乓球**、**籃球盛會**、**巨型俄羅斯方塊**、**空氣曲棍球**到**舞蹈室**，探索專屬潮玩空間！



\*FOR STAYCAY GUEST ONLY 僅限住客參加



## staycay your way around the world

炫遊世界 自選旅程



**room**  
住宿體驗



**daily  
ritual**  
早晨！起動！



**culinary  
classes**  
滋味載來工作坊



**choice of  
activities**  
自選活動及體驗



## trail-blazing activities thematic experiences

自選活動 主題體驗



**action**  
尋樂旅程



**art**  
尋藝旅程



**adventure**  
尋玩旅程



# summer world tour at a glance

## 炫遊世界 精彩旅程

### daily wellness ritual 早晨！起動！

family yoga 親子瑜伽

### culinary workshops 滋味載來工作坊

juice up asia 亞洲果漾魅力

dim sum is awesome 點點心思 喜粵味力

le petit gateau 情迷法式巧克力曲奇

nippon cuisine 日嚐煮意壽司工作坊

mixologist masterclass 調酒大師工作坊

new york bakery 紐約烘焙工房

tease me! 茗茶之旅

italian mamma mia 意粉製作班

bon appetite 餐桌禮儀

full english jamming 英式果醬

### action 尋樂旅程

the mini sports day 小小運動會

taekwondo 跆拳道

chase tag 捉伊人

mermaid dance miracle  
妙漫水中人魚舞

dive into infinity 引發潛能無界限

krav maga 以色列自衛術

shake it like bollywood! 舞動寶萊塢!

all that jazz 舞動人心

### art 尋藝旅程

sand arts 沙畫藝術

dramatic experience 鼓動人心「非」常體驗

bomb of britain 英倫泡沫沐浴球工作坊

princess in paris 巴黎俏公主

greek mosaic pot class 馬賽克花盆工作坊

i love drama

glow in the dark 暗中製作，夜光明畫！

create your instafame 網紅之路由您創!

la vie en rose floral jamming  
瑰麗人生花藝工作坊

### adventure 尋玩旅程

little paleontologist 小小古生物學家工作坊

little einstein 小小愛因斯坦工作坊

little armstrong 小小太空人工作坊

magic miracles 醉人魔法

hello sophia 與Sophia有個約會

behind the scene of the mira  
探索THE MIRA設計酒店型格背後





# daily wellness ritual

早晨！起動！





GLOBAL  
環球

## family yoga 親子瑜伽

每位 HK\$150  
per guest

\*Each paying guest can bring along one child of the age of 12 or below without extra charge  
\*每位參加者均可帶同一位12歲以下之兒童免費參與有關活動

Stretch, bend and bond with your children as you engage in a fun and inspirational yoga practice to start off your morning the right way! Focus on the bodies and minds to energize your morning and prepare for a day filled with exciting adventure.

與小寵兒一起伸展手脚，施展筋骨，投入有趣的瑜伽練習，並增進親子關係。從每天「早晨！起動」的盈動身心活動，以朝氣活力展開非凡旅程。

**Available Daily 每天供應:**

**Monday to Friday:**

10am to 11am

**Saturday & Sunday:**

9:30am to 10:30am

11:00am to 12:00nn (except Jul 31; Aug 1, 28 & 29)

**星期一至五:**

上午10時正至11時正

**星期六至日:**

上午9時30分至10時30分

上午11時正至 12時正 (除7月31日; 8月1日、28及29日外)





# culinary workshops

滋味載來工作坊





south east  
asian  
countries  
東南亞國家

## juice up asia 亞洲果漾魅力

Get the best of Asia and juice-up your staycay by joining our juice workshop where a variety of Asian gems from the trees would be featured as part of the experience that will let you taste your way around the region!

踏上亞洲果漾之旅，參加果汁工作坊！以亞洲果漾滋味令您的住宿旅程滿載魅力！工作坊將為您展現各種來自亞洲果樹的珍寶，讓您肆意品嚐亞洲果漾魅力！

每位 HK\$180  
per guest

\*Each paying guest can bring along one child of the age of 12 or below without extra charge  
\*每位參加者均可帶同一位12歲以下之兒童免費參與有關活動

Available on 活動日期:  
Jul 23 & 27 | Aug 6, 14, 16 & 23  
Souvenirs 隨課程附送之紀念品:  
Apron & Juices 圍裙及果汁  
Duration 活動時間: 1 hr 小時



hong kong  
香港

## dim sum is awesome 點點心思 喜粵味力

As a City that is famed for its delectable dim sums – the MICHELIN-recommended Cuisine Cuisine at The Mira will delight your staycay with family dim sum workshops – sharing with you all the Master chef's delicious secrets that will satisfy your cravings for Cantonese fare with flair!

貴為味力之都，滋味點心是代表香港的最佳饌嗜！米芝蓮推薦食府國金軒點心主廚將以點心工作坊為您的住宿體驗更添喜粵魅力！

每位 HK\$380  
per guest

\*Each paying guest can bring along one child of the age of 12 or below without extra charge  
\*每位參加者均可帶同一位12歲以下之兒童免費參與有關活動

Available on 活動日期:  
Jul 22 & 28 | Aug 9 & 24  
Souvenirs 隨課程附送之紀念品:  
Apron & Dim Sum 圍裙及點心  
Duration 活動時間: 1 hr 小時



france  
法國

## le petit gateau 情迷法式巧克力曲奇

Crunch-up your stay with culinary inspirations! Harness the skill of handcrafting cookies at the French Chocolate cookies class to sweeten up your staycay with bite of the chocolatier's delight!

讓住宿旅程注滿法式烹煮！投入趣味魔「法」，參與法式巧克力曲奇工作坊，細嚐巧克力甜蜜滋味，讓住宿體驗喜悅滿載！

每位 HK\$200  
per guest

\*Each paying guest can bring along one child of the age of 12 or below without extra charge  
\*每位參加者均可帶同一位12歲以下之兒童免費參與有關活動

Available on 活動日期:

Jul 16 & 24 | Aug 4 & 18

Souvenirs 隨課程附送之紀念品:

Apron, recipes, cookies 圍裙、食譜及果汁

Duration 活動時間: 1 hr 小時



japan  
日本

## nippon cuisine 日嚐煮意壽司工作坊

From nom to Nippon! Learn the basics of authentic Japanese sushi making and immerse yourself in the Japanese culture while you keep it rollin'!

從日式煮意到日嚐滋味，由nom到Nippon！參與製作課程，學習正宗和式壽司的基礎，沉醉於日本文化中，時刻感動味蕾！

每位 HK\$350  
per guest

\*Each paying guest can bring along one child of the age of 12 or below without extra charge  
\*每位參加者均可帶同一位12歲以下之兒童免費參與有關活動

Available on 活動日期:

Jul 19 | Aug 1, 10, 22 & 28

Souvenirs 隨課程附送之紀念品:

Apron & Sushi 圍裙及壽司

Duration 活動時間: 1.5 hrs 小時



global  
環球

## mixologist masterclass 調酒大師工作坊

From Globetrotter to Trendsetter – be invited to indulge in the world of mixology as the team of mixologists pay tribute to the art of mocktail by sharing with you and your little ones the key to the perfect mixing and mingling!

從 Globetrotter 到 Trendsetter – 投入調酒美學國度，與您的小寵兒一同調製無酒精雞尾酒，享受完美配對，向「混」然天成的雞尾酒藝術致敬！

每位 HK\$180  
per guest

\*Each paying guest can bring along one child of the age of 12 or below without extra charge  
\*每位參加者均可帶同一位12歲以下之兒童免費參與有關活動

Available on 活動日期:  
Jul 17 & 26 | Aug 8, 15, 19 & 27

Souvenirs 隨課程附送之紀念品:  
Apron & Mocktail 圍裙及無酒精雞尾酒  
Duration 活動時間: 1 hr 小時



new york  
紐約

## new york bakery 紐約烘焙工房

Happiness is a cupcake away! Let your palate travel all the way to NYC as you learn the technique to craft your very own pretty fluffy sugary goodie from a team of pastry masters!

Happiness is a cupcake away! 吃一口蛋糕，嚐一刻歡欣！味遊紐約，尋味烘焙技藝，參與糕餅大師親自煮理的烘焙工房，為您與摯愛炮製甜美時刻！

每位 HK\$200  
per guest

\*Each paying guest can bring along one child of the age of 12 or below without extra charge  
\*每位參加者均可帶同一位12歲以下之兒童免費參與有關活動

Available on 活動日期:  
Jul 18 & 30 | Aug 7  
Souvenirs 隨課程附送之紀念品:  
Apron, recipes & cupcakes  
圍裙、食譜及杯子蛋糕  
Duration 活動時間: 1 hr 小時



around  
the world  
環球

## tease me! 茗茶之旅

As a time-honored tradition – Tea tasting has long been an art on its own around the world. TEASE your senses with the MICHELIN-recommended Cuisine Cuisine's tea master and fuel your passion for tea from visual, smell, taste to touch and more!

品茗之藝，源遠流長—更於世界各地享負盛名。米芝蓮推薦食府國金軒茶藝師將於品茗工作坊從視覺、嗅覺、味覺到觸覺引發您的品茗熱情！

每位 HK\$180  
per guest

\*Each paying guest can bring along one child of the age of 12 or below without extra charge  
\*每位參加者均可帶同一位12歲以下之兒童免費參與有關活動

Available on 活動日期:  
Jul 25 & 29 | Aug 5, 12, 21 & 26  
Duration 活動時間: 1 hr 10 min



italy  
義大利

## italian mamma mia 意粉製作班

Say Mamma Mia Italia and master the skills of pasta making from tips to tricks this summer! Explore the tradition of Italian classics through a hands-on entertaining workshop with your loved ones to fill this holiday with delicious memories.

Mamma Mia Italia! 為意粉狂熱歡呼喝采！參與意粉製作班，以夏日煮「意」令住宿更見精彩！與摯親一同投入烹飪工作坊，並於假日期間學習製作傳統意式佳餚，締造難忘的住宿體驗！

每位 HK\$500  
per guest

\*Each paying guest can bring along one child of the age of 12 or below without extra charge  
\*每位參加者均可帶同一位12歲以下之兒童免費參與有關活動

Available on 活動日期:  
Jul 20 & 31 | Aug 3, 13, 17 & 25  
Souvenirs 隨課程附送之紀念品:  
Apron, recipes & pasta sauces  
圍裙、食譜及意粉醬  
Duration 活動時間: 2 hrs 10 min



france  
法國

## bon appetite bon appetite 餐桌禮儀

Dine as art in French style The Mira! Great manners and etiquette are defined at a very young age. Join us on a class where you and your little ones can learn and practice good table manners to leave your guests with lasting impressions!

踏上型格住宿，投入法式優雅用餐之旅！良好的個人儀態與用餐禮儀，應當從小學習！參與餐桌禮儀的課程，讓您的小寵兒透過學習與練習，以優雅的餐桌禮儀，令人留下深刻的印象！

### Free activity for Hotel Guests 免費活動

Available on 活動日期:  
Jul 16 | Aug 3,11,16 & 25

Suitable for 適合年齡:  
all ages 任何年齡人士

Duration 活動時間: 1 hr 小時



england  
英國

## full english jamming 英式果醬

Looking to elevate your InstaGame? Jam it with our culinary director Sheldon Fonseca and craft your own artisanal jam or sweet spread with all natural ingredients! What's more, the British-born culinary advocate would show to you in just a few steps how you can make the best British-Style Scones in your own home!

渡假打卡是常識吧？與酒店廚藝總監Sheldon Fonseca一同製作手工果醬或以純天然成分打造美味醬汁！讓這位生於英倫的廚藝總監以簡單幾步曲，為您淋漓演繹，在家自製尚佳英式烤餅！

### 每位 HK\$350 per guest

\*Each paying guest can bring along one child of the age of 12 or below without extra charge  
\*每位參加者均可帶同一位12歲以下之兒童免費參與有關活動

Available on 活動日期:  
Jul 21 | Aug 2,11, 20 & 29

Souvenirs 隨課程附送之紀念品:

Apron, recipes, Jam, Nutella & Scones  
圍裙、食譜、果醬、Nutella醬及鬆餅

Duration 活動時間: 1.5 hrs 小時



**action**

**尋樂旅程**



global  
環球

## the mini sports day 小小運動會

Get set – go! Let your little one stretch, sweat & get into the spirit of the international multi-sport event this Summer from a native coach with hands on fundamental ball skills from handling, rolling, throwing, striking, dribbling, catching to many more in celebration of the Tokyo Olympic!

準備一起動！讓孩子盡情發揮、躍動活力！向英語教練學習基本球技，從控球、滾動、投球、擊球、運球、接球，以無盡歡欣，為東京奧運歡呼慶賀，讓國際體壇小盛會炫目啟航！

每位小童 HK\$300  
per child

Available on 活動日期:

Jul 31 | Aug 14 & 15

Suitable for 適合年齡:

5 to 10 year-old 5 至 10 歲

Duration 活動時間: 1 hr 小時

Dress Code 服飾: Sports Wear 運動服



korea  
韓國

## taekwondo 跆拳道

Unleash the hero in your little ones through an introductory experience and see for yourself how this Korean martial art has evolved into an Olympic event since 2000!

讓您的小寵兒化身為小英雄！踏上韓國武術體驗之旅，親身感受這項從 2000 年起正式成為奧運會項目的國際武術的攝人魅力！

每位小童 HK\$100  
per child

Available on 活動日期:

Jul 21 & 28 | Aug 23

Suitable for 適合年齡:

8 to 12 year-old 8 至 12 歲

Duration 活動時間: 1 hr 小時

Dress Code 服飾: Sports Wear 運動服





uk  
英國

## chase tag chase tag 捉伊人

Game on and yup – you heard right! There’s only one rule!  
“Don’t get caught!” Join the first city-wide tournament and head up to the design haven’s penthouse ballroom – HK’s first thematic venue handcrafted for the playful souls to wander around to enjoy world’s most played activity which became a worldwide activity all the way from U.K.!

遊戲旋即展開！規矩只有一個 – 就是「不要被抓到」！

參與全城首個捉伊人競賽，於設計酒店位於頂層的宴會廳投入盛事 – 置身香港首個以CHASE TAG捉伊人為主題場的活動場地，讓愛玩、愛跑、愛運動的潮人一族，一同享受從英國瘋魔至全球的潮玩體驗！

每位 HK\$300  
per guest

\*Add HK\$250 for a Chase Tag Workshop  
\*額外HK\$250專享捉伊人工作坊

**Available on 活動日期:**

Aug 15 & 22

**Suitable for 適合年齡:**

3 to 12 year-old 3至12歲小童及青少年

**Including 活動包括:**

Take-away Snack Box 美饌盛盒(外帶滋味)

**Duration 活動時間:** 4 hrs 小時



atlantic ocean  
大西洋

## mermaid dance miracle 妙漫水中人魚舞

Unfurl the timeless tale of mermaid from the Atlantic Ocean and let your imagination take flight down under the Infinity Pool.

Led by professional mermaid dance trainers, guests will be slipping into their very own mermaid tail, dive into an underwater world through a series of bespoke exercise to create their perfect moment to shine bright in the social media world.

成就完美傳奇，施展魅力魔法，讓您的人魚美夢於無邊際泳池炫美啟航。

與MiraSpa穿越時空，探尋大西洋人魚神話國度，在繁華鬧市享受您的專屬寧靜世界。由專業導師親自教授，課程包括於上課期間免費享用進口華麗人魚舞衣，讓您於課程期間隨時自拍，讓閃亮動人的醉人時刻在社交媒體世界無限伸延。

每位 HK\$750  
per guest

**Available on 活動日期:**

Jul 20 & 29 | Aug 3, 9 & 17

**Suitable for 適合年齡:**

6 year-old or above 6歲或以上

**Duration 活動時間:** 1 hr 小時



maldives  
馬爾代夫

## dive into infinity 引發潛能無界限

Fancy a diving trip in Maldives? Look no further for your first steps at scuba diving and dive into our mesmerizing infinity pool at MiraSpa under a watchful eye of a PADI-certified instructor who will teach you the basics of the underwater adventures!

踏上馬爾代夫潛水初體驗之旅！享受潛水的樂趣，在無邊際泳池參與PADI導師親自授課，引發無限「潛」能，展開水底歷程！

每位 HK\$1,600  
per guest

Available on 活動日期:

Jul 22 | Aug 5,12,19 & 26

Suitable for 適合年齡:

8 year-old or above 8歲或以上

Duration 活動時間: 1 hr 小時



israel  
以色列

## krav maga krav maga 以色列自衛術

Boost your self-confidence and get the basics of the self-defense system developed by Israeli Special Forces which is now becoming one of the world's most favourite!

打破規則與界限，體驗源自以色列的軍用搏擊防身自衛術，建立個人自信，感受世上最受歡迎自衛術之一的真正威力！

Free activity  
for Hotel Guests  
免費活動

Available on 活動日期:

Jul 22 & 29 | Aug 5,12,19 & 26

Suitable for 適合年齡:

6 to 15 year-old 6至15歲

Duration 活動時間: 45 mins 分鐘

Dress Code 服飾: Sports Wear 運動服



india  
印度

## shake it like bollywood! 舞動寶萊塢!

Move your body like a Bollywood movie star and join us for a class where you can learn the stunning hip and torso movements from a pro!

舞出精彩寶萊塢！加入我們的課程，讓專業導師與您一同投入電影國度，幻化為寶萊塢巨星，舞出令人驚嘆的腰姿！

每位小童HK\$200  
per child

**Available on 活動日期:** Aug 1 & 29  
**Suitable for 適合年齡:**  
4-12 year-old 4-12歲  
**Duration 活動時間:** 45 mins 分鐘  
**Dress Code 服飾:**  
Yoga outfits or stretchy pants  
瑜伽服或彈力褲



u.s.a.  
美國

## all that jazz 舞動人心

Jazz-up your summer with mesmerizing choreography influenced by ballet and modern dance. Blending the classical technique of ballet with the natural bodily expression of modern dance, jazz is a sophisticated artistic pay full attention and concentration.

投入爵士舞的動人氛圍，以迷人編舞為夏日增添活力！肆意感受這深受芭蕾舞與現代舞影響的迷人舞姿。讓芭蕾舞的古典技巧與現代舞的自然肢體動作互相揉合，為您傾情演繹爵士樂的藝術！

每位小童 HK\$100  
per child

**Available on 活動日期:**  
Jul 16 & 23 | Aug 6 & 27  
**Suitable for 適合年齡:**  
5-12 year-old 5-12歲  
**Duration 活動時間:** 1 hr 小時  
**Dress Code 服飾:**  
Yoga outfits or stretchy pants  
瑜伽服或彈力褲



**art**

**尋藝旅程**



Jordan  
約旦

## sand arts 沙畫藝術

Get fascinated by the beauty of modelling sand into an artistic form using the simplest of equipment as your mind travel to Jordan where this aesthetic activity began. And duh! With the tripod clip available – you can film, post and brag about your artistic journey!

展開尋藝之旅，將尋常細沙塑造成藝術形態，以簡單工具投入源於約旦的美學藝術！

讓炫目藝術化作難忘回憶！立即以簡便手機攝影腳架，為您的小寶貝拍下動人一刻、在社交媒體網站與摯友分享點石成金的動人藝術！

每位小童 HK\$450  
per child

Available on 活動日期:  
Jul 19 | Aug 2 & 16

Suitable for 適合年齡:  
5-12 year-old 5-12歲

Duration 活動時間: 1 hr 小時



africa  
非洲

## drumatic experience 鼓動人心「非」常體驗

Fill your summer staycation with DRUMatic moments as you and your little ones explore your creativity freely through the beauty of music and the rhythm of the African Drum. It's the ultimate family fun!

為仲夏帶來鼓動人心的住宿體驗！引領您與小寶貝創意盡展，讓非洲鼓中的音符節拍，為您型動夏日、鼓動天倫！

每位 HK\$200  
per guest

Available on 活動日期:  
Jul 18 & 25 | Aug 8 & 22

Suitable for 適合年齡:  
all ages 任何年齡人士

Duration 活動時間: 45 mins 分鐘



uk  
英國

## **bomb of britain** 英倫泡泡沐浴球工作坊

British style bubble bath during your staycay? Why not! Explore your creativity and create your very own bath bombs using all natural 100% pure essential oils, dried flowers and more!

入住期間要體驗英式泡泡浴？有何不可！探索無限創造力，參加工作坊，並以全百分百天然精油、乾花，製作您的專屬泡泡沐浴球！

**每位 HK\$250**  
**per guest**

**Available on 活動日期:**  
Jul 23 | Aug 6,14, 23 & 27

**Suitable for 適合年齡:**  
5 year-old or above 5歲或以上  
**Duration 活動時間:** 1 hr 小時



france  
法國

## **princess in paris** 巴黎俏公主

Enchant your staycay with a beauty regime delicately designed for your little princesses and indulge in a French bejeweled nail session with sweet bites and more at MiraSpa.

與您的小公主投入炫美住宿體驗，於MiraSpa享受呵護小公主指甲與肌膚的美甲療程，同時品味滋味甜點！

**每位小童 HK\$260**  
**per child**

**Available on 活動日期:**  
Jul 19 | Aug 2

**Suitable for 適合年齡:**  
3 to 12 year-old 3至12歲  
**Duration 活動時間:** 1 hr 小時



greece  
希臘

## greek mosaic pot class 馬賽克花盆工作坊

Creativity never goes out of fashion! Master the magic of creating your own mosaic flower pot by joining the craft workshop where you would unlock the secret tips to making your own masterpiece without using tile grout!

時尚創意無界限！投入馬賽克花盆工作坊，學習以簡易、無需使用瓷磚灌漿的方法，製作專屬於您的馬賽克花盆！

每位小童 HK\$250  
per child

Available on 活動日期:

Jul 26 | Aug 9 & 24

Suitable for 適合年齡:

5-12 year-old 5-12歲

Duration 活動時間: 1 hr 小時



france  
法國

## i love drama

Camera...Action! If you and your loved ones are the natural entertainers, why not immerse on stage where you can learn from Drama Instructor Ms. Keren Chaukria the fundamental basics of French mime and shine brighter on your own stage through a series of Drama exercises that will boost your confidence and allow you to express your personalities!

預備—Camera...Action! 假如您與摯愛也是極具演藝細胞的天生藝員，何不沉浸於中，並於入住期間，踏上舞台，並向戲劇導師 Keren Chaukria 學習默劇的基本知識，參與一系列戲劇練習，為您增強自信與表達個性的能力，讓您與小寵兒於舞台上閃耀醉人！

每位 HK\$200  
per guest

Available on 活動日期:

Jul 27 | Aug 10

Suitable for 適合年齡:

6 year-old or above 6歲或以上

Duration 活動時間: 2 hrs 小時



finland  
芬蘭

## glow in the dark 暗中製作，夜光明畫！

Lights Off! Electrify your experience with good vibes only at one of the specially converted UV-lit rooms with glow-in-the-dark painting inspired by the polar lights in of Finland. Let our talented tutors guide you on how to create a memorable expression of your artful soul which you can bring back to life with a touch of ultraviolet at home!

暗中製作，夜光明畫！於UV燈下享受五光十色的夜光畫製作課程，於夜光畫廊，以北極光為靈感創製畫作，為今夏留下唯美回憶！讓才華洋溢的導師引領您踏上尋藝之旅，以色彩觸動您與孩子的熱情！

每位 HK\$300  
per guest

Available on 活動日期:

Jul 30 | Aug 13 & 20

Suitable for 適合年齡:

6 year-old or above 6歲或以上

Duration 活動時間: 1 hr 小時





hong kong  
香港

## create your instafame instafame 網紅之路由您創!

Join an entry level tutorial of becoming a #foodie or #lifestyle blogger with a local pro influencer @YukiMaryRose! During this fun class, you will learn the basic tips of how to nail the most favourable #foodpics and get some insider hacks from a person who lives and breathes social media on a daily basis!

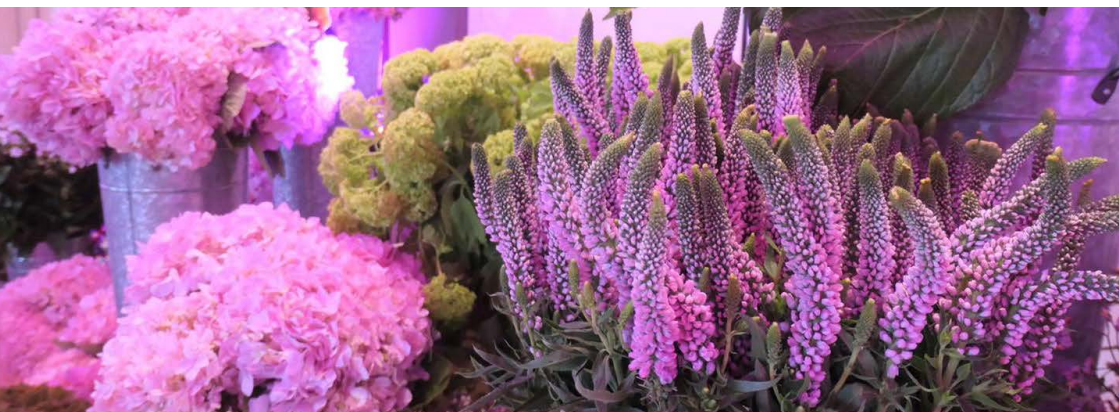
由網紅達人@YukiMaryRose為您親身演繹入門教學，讓您隨手影出動人美饌，隨時展開#飲食博客或#時尚生活博客的旅程！掌握手機攝影的技術，讓IG達人親身向您傳授令人「Phone」摩社交媒體界的攝影技術！

每位 HK\$150  
per guest

Available on 活動日期:  
Jul 21 & 28

Suitable for 適合年齡:  
12 year-old or above 12歲或以上

Duration 活動時間: 1 hr 小時



france  
法國

## la vie en rose floral jamming 瑰麗人生花藝工作坊

Spring into your very own French Garden and experience the charming yet romantic inspiration of flowers through making your own bouquet or learning a mini flower arrangement or jar with our florist during the 60 minutes workshop.

步進您的專屬法式花園，參與專業花藝師為您精心設計的60分鐘工作坊，以花束與迷你花藝，為住宿體驗注滿浪漫氣氛！

每位 HK\$350  
per guest

Available on 活動日期:  
Aug 4, 11, 17 & 25

Suitable for 適合年齡:  
6 year-old or above 6歲或以上

Duration 活動時間: 1 hr 小時



# adventure

## 尋玩旅程





global  
環球

## little paleontologist 小小古生物學家工作坊

Embark on a global tour and explore the history of life on earth with interactive workshops through the lens of a Paleontologist

投入小小工作坊，從古生物學家的視角，與導師、同學互動研討會、探索地球上的生命歷史，展開全球歷史之旅！

每位小童 HK\$350  
per child

Available on 活動日期:

Aug 18

Suitable for 適合年齡:

5-12 year-old 5-12歲

Duration 活動時間: 1 hr 小時



germany  
德國

## little einstein 小小愛因斯坦工作坊

Smarter than Einstein - the German-born genius of all? Get inspired and journey through the world of chemistry and learn the forces and substances in nature, get excited with a series of inspiring experiments!

家中小寵兒比生於德國的天才愛因斯坦更聰明？投入小小工作坊，穿越化學世界，學習自然界的能量與物質，讓一系列的工作坊，引領小寶貝於學習中任意尋樂！

每位小童 HK\$350  
per child

Available on 活動日期:

Jul 30

Suitable for 適合年齡:

5-12 year-old 5-12歲

Duration 活動時間: 1 hr 小時



u.s.a.  
美國

## little armstrong 小小太空人工作坊

So you think you can fly to the moon and back like U.S.'s Neil Armstrong who's the first astronaut to walk the moon? Learn all you need to know physical environments before landing on the Moon and rescuing Planet Earth through an array of space-themed workshops.

想像美國首位登陸月球的太空人尼爾阿姆斯特朗一樣，飛上月球，投入小小太空人工作坊，參加主題研習班，讓您於登陸月球與拯救地球前，來一場空中大探索！

每位小童 HK\$350  
per child

Available on 活動日期:  
Aug 13 & 20

Suitable for 適合年齡:  
5-12 year-old 5-12歲

Duration 活動時間: 1 hr 小時



hong kong  
global  
香港 - 環球

## magic miracles 醉人魔法

Cast magical spell and summon your inner magician this summer as you join our series of magician classes where you will learn to master slight of hand, card tricks, illusion while demonstration of how the magic master can do so much more than meets the eye!

Jeff Teo has been traveling worldwide since 2006 to speak, motivate, and entertain at Fortune 500 corporate events and exclusive celebrity parties.

今年夏天，加入我們的魔幻旅程，施展魔法咒語，召喚您內心的魔術師，於課程中學習魔術、撲克牌技巧、魔法幻象，同時為您展現魔術大師的過人魅力！

Jeff Teo 自 2006 年以來一直在世界各地旅行，在財富 500 強企業活動與名人派對上演講、激勵並為觀眾表演！

每位 HK\$300  
per guest

Available on 活動日期:  
Jul 17 & 24 | Aug 7, 21 & 28

Suitable for 適合年齡:  
12 year-old or above  
12歲或以上

Duration 活動時間: 2 hrs 小時



mira world  
環球

## hello sophia 與Sophia有個約會

Join us and meet Sophia the Robot, the most advanced humanoid robot created by Hong Kong-based Hanson Robotics. Sophia is the first robot to be granted citizenship and also has the honour of being the UNDP's Innovation Champion.

She has been invited to appear at events in moreover 60 countries globally, has met many heads of state and celebrities, including a date with Will Smith and singing her first duet on the Tonight Show with Jimmy Fallon.

駐足留步，與Sophia機械人來一趟超時空之約！Sophia為以香港為基地之Hanson Robotics旗下最先進、像真之機械人，更是世界首位機械人公民兼聯合國開發計劃署創新大使，榮獲全球超過60個國家邀請亮相。

曾與美國多位高官要員與明星會面，包括與巨星 Will Smith 約會，早前更於名人清談節目 Tonight Show with Jimmy Fallon 亮相，並首度開腔獻唱。

**Free activity  
for Hotel Guests  
of all ages  
免費活動**

**Available on 活動日期:**  
Jul 26



hong kong  
香港

## behind the scene of the mira 探索THE MIRA設計酒店型格背後

Check in... chill out! Unveil the secret of this design haven and join us on a backstage tour of The Mira where the team works seamlessly to ensure you a MIRAvellous stay!

入住……放鬆！揭開設計酒店的神秘面紗，悄然躲進 The Mira 舞台背後，探索團隊無間合作，為您打造載譽無數的難忘體驗！

**Free activity  
for Hotel Guests  
of all ages  
免費活動**

**Available on 活動日期:**  
Jul 20 & 27 | Aug 4, 10, 18 & 24

**Suitable for 適合年齡:**  
all ages 任何年齡人士

**Duration 活動時間:** 1 hr 1小時



## Stay N' Chill 味遊世界饌嚐之旅

From HK\$888 in a City Room  
以每晚 HK\$888 起入住城景客房

Daily buffet breakfast at Yamm for 2 Guests

每日專享2位Yamm自助早餐

Your food selection from the Global Flavors Menu

專享自選 味遊世界菜譜

A bottle of House wine OR free drinks in Minibar

專享指定紅/白餐酒乙瓶或免費享用迷你吧飲品

## Foodie Haven 味歷住宿之旅

From HK\$1,238 in a City Room  
以每晚 HK\$1,238 起入住城景客房

Daily buffet breakfast at Yamm for 2 Guests

每日專享2位Yamm自助早餐

HK\$700 daily hotel credit for dining and spa

入住期間專享HK\$700酒店餐飲及水療消費額

# unlock your staycay for every occasion

## 精彩優惠 專屬於您

Booking / Enquiries for Staycation 客房預訂或查詢 :

+852 2315 5605 or 或 [reservations@themirahotel.com](mailto:reservations@themirahotel.com)

Booking / Enquiries for Activities 活動預訂或查詢 :

+852 2315 5666 or 或 [sales@themirahotel.com](mailto:sales@themirahotel.com)

**BOOK NOW**



# activities schedule

jul 16 - aug 29

week of 16/7

fri 16/7

sat 17/7

sun 18/7

## RISE AND SHINE WITH DAILY BREAKFAST

					09:30 - 10:30 <b>Daily Wellness Ritual</b> Runway - 15/F	09:30 - 10:30 <b>Daily Wellness Ritual</b> Runway - 15/F
					11:00 - 12:00 <b>Daily Wellness Ritual</b> Runway - 15/F	11:00 - 12:00 <b>Daily Wellness Ritual</b> Runway - 15/F

## TAKE A LUNCH BREAK & GET INSPIRED!

				15:00 - 16:00 <b>all that jazz</b> Runway - 15/F	14:00 - 16:00 <b>magic miracles</b> Runway - 15/F	14:00 - 15:00 15:15 - 16:15 <b>dramatic experience</b> Vibes
				15:00 - 16:00 <b>bon appetite</b> Whisk		
				16:30 - 17:30 <b>le petit gateau</b> Runway - 15/F	16:30 - 17:30 <b>mixologist masterclass</b> Room One	16:30 - 17:30 <b>new york bakery</b> Runway - 15/F

## LOVE WHAT YOU EAT AND EAT WITH WHO YOU LOVE.

10:00 - 22:00  
mira wanderland  
17/F



mirathon2021

# SUMMER WORLD TOUR

炫夏遊世界

## week of 19/7

mon 19/7	tue 20/7	wed 21/7	thu 22/7	fri 23/7	sat 24/7	sun 25/7
<b>RISE AND SHINE WITH DAILY BREAKFAST</b>						
10:00 - 11:00 <b>Daily Wellness Ritual</b> Runway - 15/F	10:00 - 11:00 <b>Daily Wellness Ritual</b> Runway - 15/F	10:00 - 11:00 <b>Daily Wellness Ritual</b> Runway - 15/F	10:00 - 11:00 <b>Daily Wellness Ritual</b> Runway - 15/F	10:00 - 11:00 <b>Daily Wellness Ritual</b> Runway - 15/F	09:30 - 10:30 <b>Daily Wellness Ritual</b> Runway - 15/F	09:30 - 10:30 <b>Daily Wellness Ritual</b> Runway - 15/F
					11:00 - 12:00 <b>Daily Wellness Ritual</b> Runway - 15/F	11:00 - 12:00 <b>Daily Wellness Ritual</b> Runway - 15/F
<b>TAKE A LUNCH BREAK &amp; GET INSPIRED!</b>						
14:00 - 15:00 <b>sand arts</b> Runway - 15/F	15:00 - 16:00 <b>behind the scene of the mira</b> Hotel Lobby	14:00 - 15:00 <b>taekwondo</b> Runway - 15/F	14:00 - 16:45 <b>Krav-Maga</b> 14:00-14:45 -> age 6-8 15:00-15:45 -> age 9-11 16:00-16:45 -> age 12-15 Runway - 15/F	14:00 - 15:00 <b>bomb of britain</b> MiraSpa	14:00 - 16:00 <b>magic miracles</b> Runway - 15/F	14:00 - 15:00 15:15 - 16:15 <b>dramatic experience</b> Runway - 15/F
15:00 - 16:00 <b>princess in paris</b> MiraSpa	16:00 - 18:00 <b>italian mamma mia</b> Runway - 15/F	15:00 - 16:00 <b>create your instafame</b> Grand Mira Suite	16:30 - 17:30 <b>dive into infinity</b> MiraSpa	15:00 - 16:00 <b>all that jazz</b> Runway - 15/F		
16:30 - 18:00 <b>nippon cuisine</b> Runway - 15/F	20:15 - 21:15 <b>mermaid miracle</b> MiraSpa	16:00 - 17:30 <b>full english jamming</b> Runway - 15/F	16:30 - 17:30 <b>dim sum is awesome</b> Cuisine Cuisine	16:30 - 17:30 <b>juice up asia</b> Room One	16:30 - 17:30 <b>le petit gateau</b> Runway - 15/F	16:30 - 17:30 <b>tease me</b> Cuisine Cuisine
<b>LOVE WHAT YOU EAT AND EAT WITH WHO YOU LOVE.</b>						
10:00 - 22:00 <b>mira wanderland</b> 17/F						

## week of 26/7

mon 26/7	tue 27/7	wed 28/7	thu 29/7	fri 30/7	sat 31/7	sun 1/8
<b>RISE AND SHINE WITH DAILY BREAKFAST</b>						
10:00 - 11:00 <b>Daily Wellness Ritual</b> Runway - 15/F	10:00 - 11:00 <b>Daily Wellness Ritual</b> Runway - 15/F	10:00 - 11:00 <b>Daily Wellness Ritual</b> Runway - 15/F	10:00 - 11:00 <b>Daily Wellness Ritual</b> Runway - 15/F	10:00 - 11:00 <b>Daily Wellness Ritual</b> Runway - 15/F	09:30 - 10:30 <b>Daily Wellness Ritual</b> Runway - 15/F	09:30 - 10:30 <b>Daily Wellness Ritual</b> Runway - 15/F
<b>TAKE A LUNCH BREAK &amp; GET INSPIRED!</b>						
14:00 - 15:00 <b>greek mosaic pot class</b> Runway - 15/F	14:00 - 16:00 <b>i love drama</b> Runway - 15/F	14:00 - 15:00 <b>taekwondo</b> Runway - 15/F	14:00 - 16:45 <b>Krav-Maga</b> 14:00-14:45 -> age 6-8 15:00-15:45 -> age 9-11 16:00-16:45 -> age 12-15 Runway - 15/F	14:00 - 15:00 <b>little einstein</b> Room One	14:00 - 15:00 <b>the mini sports day</b> Function Room	14:00 - 14:45 (age 4-7) 15:00 - 15:45 (age 8-12) <b>shake it like bollywood!</b> Runway - 15/F
16:00 - 17:00 <b>hello sophia!</b> Runway - 15/F	15:00 - 16:00 <b>behind the scene of the mira</b> Hotel Lobby	15:00 - 16:00 <b>create your instafame</b> Grand Mira Suite	16:30 - 17:30 <b>tease me</b> Cuisine Cuisine	15:00 - 16:00 <b>glow in the dark</b> Function Room		
16:30 - 17:30 <b>mixologist masterclass</b> Room One	16:30 - 17:30 <b>juice up asia</b> Room One	16:30 - 17:30 <b>dim sum is awesome</b> Cuisine Cuisine	20:15 - 21:15 <b>mermaid miracle</b> MiraSpa	16:30 - 17:30 <b>new york bakery</b> Runway - 15/F	16:00 - 18:00 <b>italian mamma mia</b> Runway - 15/F	16:30 - 18:00 <b>nippon cuisine</b> Runway - 15/F
<b>LOVE WHAT YOU EAT AND EAT WITH WHO YOU LOVE.</b>						
10:00 - 22:00 <b>mira wanderland</b> 17/F						





mirathon2021

# SUMMER WORLD TOUR

炫夏遊世界

## week of 02/8

mon 2/8	tue 3/8	wed 4/8	thu 5/8	fri 6/8	sat 7/8	sun 8/8
<b>RISE AND SHINE WITH DAILY BREAKFAST</b>						
10:00 - 11:00 <b>Daily Wellness Ritual</b> Runway - 15/F	10:00 - 11:00 <b>Daily Wellness Ritual</b> Runway - 15/F	10:00 - 11:00 <b>Daily Wellness Ritual</b> Runway - 15/F	10:00 - 11:00 <b>Daily Wellness Ritual</b> Runway - 15/F	10:00 - 11:00 <b>Daily Wellness Ritual</b> Runway - 15/F	09:30 - 10:30 <b>Daily Wellness Ritual</b> Runway - 15/F	09:30 - 10:30 <b>Daily Wellness Ritual</b> Runway - 15/F
					11:00 - 12:00 <b>Daily Wellness Ritual</b> Runway - 15/F	11:00 - 12:00 <b>Daily Wellness Ritual</b> Runway - 15/F
<b>TAKE A LUNCH BREAK &amp; GET INSPIRED!</b>						
14:00 - 15:00 <b>sand arts</b> Runway - 15/F	15:00 - 16:00 <b>bon appetite</b> Whisk	14:00 - 15:00 <b>la vie rose floral jamming</b> Runway - 15/F	14:00 - 16:45 <b>Krav-Maga</b> 14:00-14:45 -> age 6-8 15:00-15:45 -> age 9-11 16:00-16:45 -> age 12-15 Runway - 15/F	14:00 - 15:00 <b>bomb of britain</b> MiraSpa	14:00 - 16:00 <b>magic miracles</b> Runway - 15/F	14:00 - 15:00 15:15 - 16:15 <b>dramatic experience</b> Vibes
15:00 - 16:00 <b>princess in paris</b> MiraSpa	16:00 - 18:00 <b>italian mamma mia</b> Runway - 15/F	15:00 - 16:00 <b>behind the scene of the mira</b> Hotel Lobby	16:30 - 17:30 <b>dive into infinity</b> MiraSpa	15:00 - 16:00 <b>all that jazz</b> Runway - 15/F		
16:00 - 17:30 <b>full english jamming</b> Runway - 15/F	20:15 - 21:15 <b>mermaid miracle</b> MiraSpa	16:30 - 17:30 <b>le petit gateau</b> Runway - 15/F	16:30 - 17:30 <b>tease me</b> Cuisine Cuisine	16:30 - 17:30 <b>juice up asia</b> Room One	16:30 - 17:30 <b>new york bakery</b> Runway - 15/F	16:30 - 17:30 <b>mixologist masterclass</b> room one
<b>LOVE WHAT YOU EAT AND EAT WITH WHO YOU LOVE.</b>						
10:00 - 22:00 <b>mira wanderland</b> 17/F						

## week of 09/8

mon 9/8	tue 10/8	wed 11/8	thu 12/8	fri 13/8	sat 14/8	sun 15/8
<b>RISE AND SHINE WITH DAILY BREAKFAST</b>						
10:00 - 11:00 <b>Daily Wellness Ritual</b> Runway - 15/F	10:00 - 11:00 <b>Daily Wellness Ritual</b> Runway - 15/F	10:00 - 11:00 <b>Daily Wellness Ritual</b> Runway - 15/F	10:00 - 11:00 <b>Daily Wellness Ritual</b> Runway - 15/F	10:00 - 11:00 <b>Daily Wellness Ritual</b> Runway - 15/F	09:30 - 10:30 <b>Daily Wellness Ritual</b> Runway - 15/F	09:30 - 10:30 <b>Daily Wellness Ritual</b> Runway - 15/F
					11:00 - 12:00 <b>Daily Wellness Ritual</b> Runway - 15/F	11:00 - 12:00 <b>Daily Wellness Ritual</b> Runway - 15/F
<b>TAKE A LUNCH BREAK &amp; GET INSPIRED!</b>						
14:00 - 15:00 <b>greek mosaic pot class</b> Runway - 15/F	14:00 - 16:00 <b>i love drama</b> Runway - 15/F	14:00 - 15:00 <b>la vie rose floral jamming</b> Runway - 15/F	14:00 - 16:45 <b>Krav-Maga</b> 14:00-14:45 -> age 6-8 15:00-15:45 -> age 9-11 16:00-16:45 -> age 12-15 Runway - 15/F	14:00 - 15:00 <b>liffle armstrong</b> Runway - 15/F	14:00 - 15:00 <b>the mini sports day</b> Function Room	14:00 - 15:00 <b>the mini sports day</b> Function Room
16:30 - 17:30 <b>dim sum is awesome</b> cuisine cuisine	15:00 - 16:00 <b>behind the scene of the mira</b> Hotel Lobby	15:00 - 16:00 <b>bon appetite</b> Whisk	16:30 - 17:30 <b>dive into infinity</b> MiraSpa	15:00 - 16:00 <b>glow in the dark</b> Function Room	15:00 - 16:00 <b>bomb of britain</b> MiraSpa	<b>tag me!</b> Ballroom - 18/F
20:15 - 21:15 <b>mermaid miracle</b> MiraSpa	16:30 - 18:00 <b>nippon cuisine</b> Runway - 15/F	16:00 - 17:30 <b>full english jamming</b> Runway - 15/F	16:30 - 17:30 <b>tease me</b> Cuisine Cuisine	16:00 - 18:00 <b>italian mamma mia</b> Runway - 15/F	16:30 - 17:30 <b>juice up asia</b> Room One	16:30 - 17:30 <b>mixologist masterclass</b> Room One
<b>LOVE WHAT YOU EAT AND EAT WITH WHO YOU LOVE.</b>						
10:00 - 22:00 <b>mira wanderland</b> 17/F						



mirathon2021

# SUMMER WORLD TOUR

炫夏遊世界

## week of 16/8

mon 16/8

tue 17/8

wed 18/8

thu 19/8

fri 20/8

sat 21/8

sun 22/8

### RISE AND SHINE WITH DAILY BREAKFAST

10:00 - 11:00 <b>Daily Wellness Ritual</b> Runway - 15/F	10:00 - 11:00 <b>Daily Wellness Ritual</b> Runway - 15/F	10:00 - 11:00 <b>Daily Wellness Ritual</b> Runway - 15/F	10:00 - 11:00 <b>Daily Wellness Ritual</b> Runway - 15/F	10:00 - 11:00 <b>Daily Wellness Ritual</b> Runway - 15/F	09:30 - 10:30 <b>Daily Wellness Ritual</b> Runway - 15/F	09:30 - 10:30 <b>Daily Wellness Ritual</b> Runway - 15/F
					11:00 - 12:00 <b>Daily Wellness Ritual</b> Runway - 15/F	11:00 - 12:00 <b>Daily Wellness Ritual</b> Runway - 15/F

### TAKE A LUNCH BREAK & GET INSPIRED!

14:00 - 15:00 <b>sand arts</b> Runway - 15/F	14:00 - 15:00 <b>la vie rose floral jamming</b> Runway - 15/F	14:00 - 15:00 <b>little paleontologist</b> Runway - 15/F	14:00 - 16:45 <b>Krav-Maga</b> 14:00-14:45 -> age 6-8 15:00-15:45 -> age 9-11 16:00-16:45 -> age 12-15 Runway - 15/F	14:00 - 15:00 <b>little armstrong</b> Runway - 15/F	14:00 - 16:00 <b>magic miracles</b> Runway - 15/F	14:00 - 15:00 15:15 - 16:15 <b>drumatic experience</b> Vibes
15:00 - 16:00 <b>bon appetite</b> Whisk	16:00 - 18:00 <b>italian mamma mia</b> Runway - 15/F	15:00 - 16:00 <b>behind the scene of the mira</b> Hotel Lobby	16:30 - 17:30 <b>dive into infinity</b> MiraSpa	15:00 - 16:00 <b>glow in the dark</b> Function Room		<b>tag me!</b> Ballroom - 18/F
16:30 - 17:30 <b>juice up asia</b> Room One	20:15 - 21:15 <b>mermaid miracle</b> MiraSpa	16:30 - 17:30 <b>le petit gateau</b> Runway - 15/F	16:30 - 17:30 <b>mixologist masterclass</b> Room One	16:00 - 17:30 <b>full english jamming</b> Runway - 15/F	16:30 - 17:30 <b>tease me</b> Cuisine Cuisine	16:30 - 18:00 <b>nippon cuisine</b> Runway - 15/F

### LOVE WHAT YOU EAT AND EAT WITH WHO YOU LOVE.

10:00 - 22:00  
**mira wanderland**  
17/F

## week of 23/8

mon 23/8

tue 24/8

wed 25/8

thu 26/8

fri 27/8

sat 28/8

sun 29/8

### RISE AND SHINE WITH DAILY BREAKFAST

10:00 - 11:00 <b>Daily Wellness Ritual</b> Runway - 15/F	10:00 - 11:00 <b>Daily Wellness Ritual</b> Runway - 15/F	10:00 - 11:00 <b>Daily Wellness Ritual</b> Runway - 15/F	10:00 - 11:00 <b>Daily Wellness Ritual</b> Runway - 15/F	10:00 - 11:00 <b>Daily Wellness Ritual</b> Runway - 15/F	09:30 - 10:30 <b>Daily Wellness Ritual</b> Runway - 15/F	09:30 - 10:30 <b>Daily Wellness Ritual</b> Runway - 15/F
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### TAKE A LUNCH BREAK & GET INSPIRED!

14:00 - 15:00 <b>bomb of britain</b> MiraSpa	14:00 - 15:00 <b>greek mosaic pot class</b> Runway - 15/F	14:00 - 15:00 <b>la vie rose floral jamming</b> Runway - 15/F	14:00 - 16:45 <b>Krav-Maga</b> 14:00-14:45 -> age 6-8 15:00-15:45 -> age 9-11 16:00-16:45 -> age 12-15 Runway - 15/F	14:00 - 15:00 <b>bomb of britain</b> MiraSpa	14:00 - 16:00 <b>magic miracles</b> Runway - 15/F	14:00 - 14:45 (age 4-7) 15:00 - 15:45 (age 8-12)
15:30 - 16:30 <b>taekwondo</b> Runway - 15/F	15:00 - 16:00 <b>behind the scene of the mira</b> Hotel Lobby	15:00 - 16:00 <b>bon appetite</b> Whisk	16:30 - 17:30 <b>dive into infinity</b> MiraSpa	15:00 - 16:00 <b>all that jazz</b> Runway - 15/F		<b>shake it like bollywood!</b> Runway - 15/F
16:30 - 17:30 <b>juice up asia</b> Room One	16:30 - 17:30 <b>dim sum is awesome</b> Cuisine Cuisine	16:00 - 18:00 <b>italian mamma mia</b> Runway - 15/F	16:30 - 17:30 <b>tease me</b> Cuisine Cuisine	16:30 - 17:30 <b>mixologist masterclass</b> Room One	16:30 - 18:00 <b>nippon cuisine</b> Runway - 15/F	16:00 - 17:30 <b>full english jamming</b> Runway - 15/F

### LOVE WHAT YOU EAT AND EAT WITH WHO YOU LOVE.

10:00 - 22:00  
**mira wanderland**  
17/F



the mira  
HONG KONG

## **The Mira Hong Kong**

Mira Place, 118 - 130 Nathan Road,  
Tsim Sha Tsui, Kowloon, Hong Kong

[info@themirahotel.com](mailto:info@themirahotel.com)

[www.themirahotel.com](http://www.themirahotel.com)

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