Menu example 1*

- Cucumber spaghettis with smoked salmon
 - Veal blanquette with vanilla sauce
 - Cooked pineapple with honey

烟熏三文鱼黄瓜意大利面 气泡白葡萄酒炖香草小牛肉 蜜汁烤菠萝/百香果舒芙蕾

Menu example 2*

The famous Roquefort salad with pears and spices from French colonies

Duck with prunes and wine sauce, one of Louis the XIV th favorite recipes

The French version of a trifle, the "Charlotte": red berries and its Mediterranean coulis

芝麻草,火箭菜,梨肉,坚果咖喱酱沙拉 红酒炖鸭肉 夏季水果夏乐特点心配 加里奎斯水果泥

* Menu example is subject to modification as season and participant's preference change

*菜单仅供参考,随时令食材的改变以及学员饮食偏好改变