



Ghorepani Poon Hill Trek 4D/3N

Pre Trek: Travel to Pokhara (823m/2,700ft):

6 - 9 hours drive or 25 minute flight

Make your own way to Pokhara, via drive or flight. Depending on your chosen option you will either:

1. Take the Bus - The days starts with a 7 am (07:00) morning bus ride from Kathmandu to Pokhara. The busses leave at 7 am sharp so don't be late, they will not wait for you.
2. Private Transfer – Start the day at your own pace and meet your driver at the time agreed at last night dinner (usually 9 am (09:00) for a day drive to Pokhara
3. Flight – Make you way to Kathmandu Airport for your flight to Pokhara.

In each case upon arrival make you way to your hotel and check in.

Double check your packing check list (provided in earlier emails) to ensure you have all equipment required for the trek, you are free to explore the township or relax at one of the many nearby restaurant or bars.

Your guide will inform the hotel of your pick up time before 7:00pm the day before the trek commences



Day 01: Drive to Nayapul and trek to Ulleri [2,050 m/6725 ft]:

90 minute drive, plus 6 hour trek

This morning we drive to Naya Pul then walk to Birethanti the commencement point of the trek, You will pass through sub tropical valley forests, sometimes on a trail carved into the side of the cliff. After lunch, we cross the Modi Khola (river) via a suspension bridge and begin our trek to the village of Tikhedhunga. The Ulleri Hill with thousands of steps and boulders that continually go upward will prove a test of our stamina. We reach Ulleri by late afternoon.

Overnight in Ulleri. (included)

Day 02: Ulleri to Ghorepani [2,750 m/ 9020 ft]:

4 - 5 hour trek.

Today you make your ascent to the Ghorepani village. The name Ghorepani in Nepali means “horse water” owing to its role as an important campsite for traders before it became a trekker’s stop. Ghorepani is an interesting place with small shops and stalls that sell local products and craft. The town has two parts: one in a saddle and the other a few hundred feet lower. We stop at the higher part of the Ghorepani village that offers panoramic views of the surrounding mountains including Annapurna South and Nilgiri mountains. Since Ghorepani lies higher than our previous stop, we can start to feel the chilly weather, especially in the evenings.

Overnight in Ghorepani. (included)



Day 03: Ghorepani to Poon Hill to Ghandruk [2,700m/8,860 ft]:

6 - 7 hour trek.

Today will be a special day because you conquer Poon Hill – an icon of the Annapurna region. To catch the magnificent splendor of sunrise over the Himalayas, you make an early morning climb along the steep trail to the viewpoint of Poon Hill (3,210m/10,529ft). From Poon Hill you will be able to enjoy wonderful panoramic views of the Mustang and Pokhara valleys including the closest views of more than 20 of the highest mountains as well as the close-up views of the Annapurna and Dhaulagiri ranges. The snowy peaks of the high mountains loom above and around us glowing in the morning light. After taking photos and having some coffee or tea, we return to Gorepani. Next you make a steep descent through the thick forest of old rhododendron trees. When the rhododendron trees are in bloom, these forests turn into gardens of dazzlingly beautiful flowers, mostly red, when seen from the air or from afar. By afternoon you enter the village of Ghandruk, a sloping settlement with stone houses mostly inhabited by the Gurung people. Along with enjoying the stunningly close-up towering views of Fishtail, Annaurna South, and Hiuchuli mountains, you can also acquaint yourself with the simple but rich cultural traditions of the Gurung people at the Gurung Museum in Ghandruk.

Overnight in Ghundruk (included)

Day 04: Trek Ghandruk to Naya Pul then drive to Pokhara:

4 hour trek, plus 90 minute drive.

Today you trek from Ghandruk to Nayapul then drive back to Pokhara. The trek will be downhill all the way to Birethanti. We step onto a staircase paved with stone slabs, curving in and out of the village and then terraced farms. It keeps on going down almost without breaks from Ghandruk until Modi Khola river valley. From Birethanti, a half-an-hour's walk takes us into Nayapul. The journey on foot comes to an end at Nayapul. From there we drive back to Pokhara. You will be dropped off at your hotel (self-selected).



Post Trek: Travel to Kathmandu:

6 – 9 hour drive or 25 minute flight

Make your own way back to Kathmandu, via drive or flight. Depending on your chosen option you will either:

1. Take the Bus - The days starts with a 7:30 am (07:30) morning bus ride from Kathmandu to Pokhara. Again busses leave at 7:30 am sharp so don't be late, they will not wait for you.
2. Private Transfer – Start the day at your own pace and meet your driver at the time agreed at the opening night dinner (usually 9 am (09:00) for a day drive back to Kathmandu
3. Flight – Make you way to Pokhara Airport for your flight to Kathmandu.

In each case upon arrival make you way to your hotel and check in.

you are free to explore the city or relax at one of the many nearby restaurant or bars

Overnight in Kathmandu (self selected)

Final Departure

When your journey in Nepal comes to an end please ensure you depart for the airport approximately 3 hours before your scheduled flight to leave enough time to check in and clear customs.

On our way to home, we have plenty of time to plan our next adventure in the wonderful country of Nepal.

